Neuroprotective effects of piperine, an alkaloid from the Piper genus, on the Parkinson’s disease model in rats

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Abstract

Piperine (PIP), an alkaloid from the Piper genus plants, presents biological properties, including potent anti-inflammatory actions. Since neuroinflammation plays a key role in Parkinson’s disease (PD), the objectives were to evaluate the neuroprotective activity of PIP in a model of PD. Male Wistar rats were divided as: sham-operated (SO), untreated 6-OHDA (lesioned in the right striatum) and 6-OHDA lesioned and treated orally with PIP (5 and 10 mg/kg, 2 weeks). The SO group was injected with saline into the right striatum. The SO and untreated 6-OHDA groups were administered with water, for 2 weeks. All animals were subjected to behavioral (open field, rotarod, and apomorphine-induced rotations tests), biochemical (DA and DOPAC determinations), histological (fluoro jade staining) and immunohistochemical analyses (TH, DAT, TNF-alpha and iNOS). The results showed that PIP reversed behavioral alterations observed in the untreated 6-OHDA group. DA and DOPAC contents decreased in the striatal lesioned side of the untreated 6-OHDA group, but this change was in part reversed by PIP, at the higher dose. The fluoro jade fluorescence, observed in the untreated 6-OHDA group was attenuated after PIP treatments. Furthermore, increased immunoreactivities for TH and DAT were completely reversed in the lesioned group after PIP treatments. In addition, a partial recovery of increased striatal immunoreactivities for TNF-alpha and iNOS was observed in the lesioned group after PIP treatments. In conclusion, PIP presented a neuroprotective action, probably a consequence of its anti-inflammatory and antioxidant properties, making the drug a potential candidate for the treatment of neurodegenerative diseases as PD.

Keywords: piperine; parkinson’s disease; neuroinflammation; oxidative stress; neurodegeneration; neuroprotection

Introduction

Piperine (PIP) is an alkaloid amide isolated from several species of the Piper genus, including Piper tuberculatum which occurs in Northeast Brazil. The drug was shown to protect against oxidative stress, as evaluated by in vitro studies and also to lower peroxidation and oxidative stress [1]. Furthermore, piperine has been found to have immunomodulatory, anti-oxidant, anti-asthmatic, anti-carcinogenic, anti-inflammatory, anti-nociceptive, anti-arthritic, anti-ulcer, anti-amoebic and anti-pyretic activities [2-5]. Recently [6] PIP was shown to inhibit key signaling pathways involved in T lymphocyte activation and acquisition of effector function, pointing out to the drug usefulness in the management of T lymphocyte-mediated autoimmune and chronic inflammatory disorders.

Earlier [7], PIP was reported to significantly block convulsions induced by kainate, but showed only slight effects on convulsions induced by glutamate, NMDA and guanidine succinate. Lately [8], it was shown to have protective effects on glutamate-induced decreases of cell viability and apoptosis of hippocampal neurons. PIP inhibited phytohemagglutinin-stimulated human peripheral blood mononuclear cells and also inhibited the production of IL-2 and IFN-gamma [2].

An important antidepressant-like activity and a cognitive enhancement effect has been also demonstrated by PIP (5-20 mg/kg) administered for 4 weeks [9] and these properties were also observed by others [10]. Quantitative analyses of brain homogenates by HPLC indicated PIP to be distributed in the hippocampus at a higher extent than at the cortex. Pal et al. [11], observed that the antidepressant activity of PIP on post-status epilepticus, in the model of pilocarpine-induced convulsions in rats, may be attributed to its MAO inhibitory and neuroprotective activities.
A potent anticonvulsant effect of PIP was shown by us, in the pilocarpine-induced convulsions in mice [12]. The drug increased latencies to the 1st convulsion and to death, as well as percentage of survivals. These parameters were further increased by atropine, but not by memantine (a NMDA receptor blocker) or nimodipine (a calcium channel blocker) after their association with PIP. Moreover, the diazepam plus PIP group showed an increased latency to the 1st convulsion, suggesting the GABAergic involvement. Moreover, the PIP effect was blocked by flumazenil (a benzodiazepine antagonist). In addition, it increased the striatal levels of inhibitory amino acids and reversed pilocarpine-induced increases in sera and brain nitrite. Hippocampi from the pilocarpine-untreated group showed an increased TNF-alpha immunoreactivity, as opposed to that presented after PIP. The anticonvulsant effect is probably the result of PIP anti-inflammatory and antioxidant activities as well as its effect on inhibitory amino acids.

In order to support PIP neuroprotective properties and to clarify its action mechanism, the objective of the present study was to explore further our previous findings [12], by evaluating the neuroprotective effect of PIP in the model of Parkinson's disease in rats, focusing on behavioral, neurochemical, histological and immunohistochemical effects of the drug.

Material and methods

Drugs and reagents

Piperine was purchased from Sigma (St. Louis, MO, USA), as well as 6-hydroxydopamine, apomorphine and HPLC standards. Ketamine and xylazine were from Konig (Santana de Parnaiba, Sao Paulo, Brazil). Antibodies for immunohistochemistry assays were from Santa Cruz Biotechnology (Dallas, TX, USA) or Merck-Millipore (Darmstadt, Germany). All other reagents were of analytical grade.

Animals

Male Wistar rats (200-250 g) were maintained at a 24 ±2°C temperature, in a 12 h dark/12 h light cycle, with standard food and water ad libitum. The study was submitted to the Ethical Committee for Animal Experimentation of the Faculty of Medicine Estácio de Saude do FMJ, Ceará (Brazil). All experiments followed the ethical principles established in the Guide for the Care and Use of Laboratory Animals, USA, 2011.

The 6-OHDA model of PD and the experimental protocol

The animals were anesthetized with an association of xylazine (10 mg/kg, i.p.) and ketamine (80 mg/kg, i.p.), and had their head superior region shaved. Then, each animal was fixed to the stereotaxic frame by its ear canals and a longitudinal midline incision was made and the tissues were separated for bregma visualization. The following coordinates (at two different points) were used: 1st point (AP, +0.5; ML, -2.5; DV, +5.0) and 2nd point (AP, -0.9; ML, -3.7; DV, +6.5). A thin hole was drilled in the skull, over the target area, and a 1 µL solution containing 6 µg 6-OHDA was injected into each point. The syringe stayed in place for 5 min, to assure the solution diffusion, and then the incision was sutured. The sham-operated (SO) animals were subjected to all procedures, except for the injection of saline, instead of 6-OHDA. Afterwards, the animals returned to their cages for recovering, and divided into the following groups: SO and 6-OHDA-lesioned (both groups treated byavage with distilled water), 6-OHDA-lesioned + PIP5 and 6-OHDA-lesioned + PIP10 (these two groups were orally treated with PIP, at the doses of 5 and 10 mg/kg). All treatments started 24 h after the surgical procedure and continued for 15 days, with drug volumes of 0.2 mL/100 g body weight. Then, the animals were behaviorally evaluated and at the next day, they were euthanized and their brain tissues removed for neurochemical, histological and immunohistochemical studies.

Behavioral testing

Open field test: This test evaluates a stimulant or depressant drug activity and may also indicate an anxiolytic action. The arena was made of wood, whose dimensions were 50 cm x 50 cm x 30 cm (length, width, height). The floor was divided into 4 quadrants of equal size. At the time of the experiment (always performed in the morning), the apparatus was illuminated by a red light. The following parameters were observed for 5 min: number of crossings with the four paws from one quadrant to another (this measures the locomotor spontaneous activity) and the number of rearings (stereotyped vertical exploratory movements not shown).

Rotarod test: This test is widely used to evaluate the deficit in motor coordination of rodents. An animal with dopamine depletion presents a motor deficit, depending upon the degree of the 6-OHDA striatal lesion [13]. The animal was placed on a horizontal rotating bar (12 rpm/min), for 2 min, and the number of falls/min was measured.

Apomorphine-induced rotations: The contralateral rotation (opposite to the lesioned right side) induced by apomorphine (1 mg/kg, i.p.) was monitored for 1 h. The cause of this apomorphine-induced rotational behavior is related to the unbalance, in the nigrostriatal dopaminergic pathways, between the right (lesioned) and left (unlesioned) brain hemispheres.

Neurochemical studies

Determinations of DA and DOPAC by HPLC: The striatal contents of DA and DOPAC were determined by HPLC. Homogenates were prepared in 10% HClO4, and centrifuged at 4°C (15,000 rpm, 15 min). The supernatants were filtered and 20 µL injected into the HPLC column. For that, an electrochemical detector (model IL-ECD-6A from Shimadzu, Japan), coupled to a column (Shim-Pak CLC- ODS, 25 cm) with a flow rate of 0.6 mL/min, was employed. A mobile phase was prepared with monohydrated citric acid (150 mM), sodium octyl sulfate (67 mM), 2% tetrahydrofuran and 4% acetonitrile in deionized water. The mobile phase pH was adjusted to 4.0, with NaOH (10 mM). Monoamines were quantified by comparison with standards, processed the same manner as the samples. The results are expressed as ng/g tissue.

Histological and immunohistochemical assays

Fluoro jade staining in rat striata: Fluoro jade is an anionic fluorescein derivative, used for the histological staining of
neurons undergoing degeneration. After paraffin removal (by immersion in xylol), sections were mounted on slides surrounded by gelatin. The tissue was rehydrated by immersions in decreasing concentrations of alcohol and finally in distilled water. The slices were transferred into a 0.06% potassium permanganate solution, for 15 min, washed in distilled water and transferred to a fluoro jade solution where they stayed for 30 min. After staining, the slices were washed in distilled water (3 times, 2 min each time). The excess water was discarded and the dry slices mounted in Fluoromount® media and examined with a fluorescence microscope.

Immunohistochemical assays in rat striata: Brain striatal sections were fixed in 10% buffered formaldehyde for 24 h, followed by a 70% alcohol solution. The sections were embedded into paraffin wax, for slices processing on appropriate glass slides. These were placed in the oven at 58°C, for 10 min, followed by deparaffinization in xylol, rehydration in alcohol at decreasing concentrations, washing in distilled water and PBS (0.1 M sodium phosphate buffer, pH 7.2), for 10 min. The endogenous peroxidase was blocked with a 3% hydrogen peroxide solution, followed by incubation with the appropriate primary antibody for TH, DAT, TNF-alpha and iNOS, and diluted according to the manufacturers’ instructions (Santa Cruz or Millipore, USA), for 2 h, at room temperature in a moist chamber. Then, they were washed again in PBS and incubated with streptavidin-peroxidase, for 30 min, at room temperature in a moist chamber. After another wash in PBS, they were incubated in 0.1% DAB solution (in 3% hydrogen peroxide). Finally, the glass slides were washed in distilled water and counterstained with Mayer’s hematoxilyn, washed in tap water, dehydrated in alcohol (at increasing concentrations), diaphanized in xylol and mounted on Entelan® for optic microscopy examination.

Statistical analyses
The results are presented as means ± SEM and the data were analyzed by one-way ANOVA, followed by Newman-Keuls as the post hoc test. Whenever needed (measurements of DA and DOPAC), the data were analyzed by the paired Student’s t-test, comparing differences between the right and left striata from the same animal. Alternatively, the data were analyzed by the Student’s t-test for comparing right striata from different groups.

Results
Our working hypothesis was based on a previous work [12], showing that PIP exerted a neuroprotective action. In the present study, we wanted to support those findings by evaluating behavioral, neurochemical, histological and immunohistochemical effects of PIP on a PD model in rats.

Behavioral testing
Open field test: Parkinsonian rats usually present a decreased locomotor activity in the open field test. In the present work, the untreated 6-OHDA-lesioned group showed around 70% decreases in the number of crossings/5 min, and this was almost completely reversed after the PIP treatment (Figure 1).

Rotarod test: While a significant increase in the number of falls, indicative of a deficit in motor coordination, was demonstrated in the untreated 6-OHDA group, as related to the SO group, this motor deficit was totally reversed after PIP treatments with both doses, and the results were similar to those of the SO group (Figure 2).
Apomorphine-induced rotations: We demonstrated that the untreated 6-OHDA lesioned group presented around 168 contralateral rotations/h, which is an indication of the degree of striatal lesion. On the other hand, 53% and almost 90% reductions were observed in the lesioned groups, after PIP treatments with 5 and 10 mg/kg, respectively, suggesting a neuroprotective effect (Figure 3).

Neurochemical measurements
Striatal DA and DOPAC contents: While no alteration was observed in both striatal sides of the SO group, the untreated 6-OHDA group presented a 73% decrease in DA levels in the lesioned right side, as related to its unlesioned left side. The decreases were of only 49 and 35%, after PIP treatments with the doses of 5 and 10 mg/kg, respectively, in the right sides of the 6-OHDA groups, relatively to their unlesioned sides. Decreases of 55% were seen in DOPAC contents, in the lesioned right side of the untreated 6-OHDA group, in relation to its left side. After PIP treatments, the lower dose presented a greater effect (only a 28% reduction in DOPAC contents), as compared to the higher dose which showed a 48% reduction in its lesioned right side. This unexpected result was due to the fact that higher DOPAC contents were detected in the left side of this group (Figure 4).

Histological assays
Fluoro jade staining: An intense fluorescence, indicative of neurodegeneration, was observed in the ipsilateral striatum (lesioned right side) of the untreated 6-OHDA group (expressed as a 40% decrease in the optical density), as related to the SO group. A complete reversal of this effect was demonstrated in the 6-OHDA group after PIP treatments with both doses (Figure 5).
Immunohistochemical assays

Immunohistochemistry for tyrosine hydroxylase (TH): A reduction of 54% in TH immunoreactivity was demonstrated in the lesioned right striata of the untreated 6-OHDA group, relatively to the SO group. Values of optical density for TH immunoreactivity, in the 6-OHDA group after treatments with both PIP doses, were not significantly different from those of the SO group (Figure 6).

Immunohistochemistry for dopamine transporter (DAT): A drastic decrease (around 95%) in DAT immunoreactivity was observed in the lesioned right striatum of the untreated 6-OHDA rats, as related to the SO group; and this effect was completely reversed after PIP treatments with both doses (Figure 7).

Immunohistochemistry for TNF-alpha: A drastic increase for TNF-alpha immunoreactivity of 13.2-fold was observed in the lesioned right striatum of the untreated 6-OHDA group, as related to SO controls. PIP treatments of the 6-OHDA group were not able to completely reverse the increase in these cytokine levels. However, the increase was much lower after the treatment with the higher PIP dose (6.7-fold) (Figure 8).

Immunohistochemistry for iNOS: A 3.8-fold increase was seen in iNOS immunoreactivity in the lesioned right striatum of the untreated 6-OHDA group, as related to the SO group. This effect was almost completely reversed in the 6-OHDA group after treatments with the high PIP dose and the result was not significantly different from those of the SO group (Figure 9).
Discussion

Parkinson's disease (PD) is a chronic, progressive neurologic pathology, presenting four cardinal motor manifestations, such as tremor at rest, rigidity, bradykinesia and postural instability. However, PD patients have dysfunctions, extending beyond the classical motor disabilities associated with the disease. Indeed, PD patients appear to be at increased risk for cognitive and psychiatric dysfunctions, mainly dementia and depression [14]. In addition, they often have disturbing sensory symptoms and pain in affected limbs that are signs of autonomic failure.

Neuroinflammation and oxidative stress can damage DA neurons in PD patients [15], and in vivo and in vitro studies demonstrate these factors have a role in the disease. It has been shown that TNF-alpha, IL-1beta and IL-6-positive neurons increased in the substantia nigra and putamen, during the progress of PD [16, 17]. Besides, the levels of pro-inflammatory cytokines in peripheral blood tend to be higher in PD patients [18]. Furthermore, the concept that free radical-mediated injury may underlie the neurodegeneration occurring in PD, continues to be the leading hypothesis for its pathogenesis. The possibility that DA neurons may undergo free radical-mediated injury is supported by animal studies using neurotoxins, as 6-OHDA [14]. Interestingly, DA itself is a selective neurotoxin for neurons, what is largely due to its ability to form ROS, making DA a source of oxidative stress.

Presently, the available treatments for PD offer only symptomatic relief and there is no disease-modifying treatment yet. Furthermore, the protective therapy for PD is based on the concept that SNpc neurons can...
somehow be spared from degenerative processes leading to cell death and DA depletion. Thus, neuroprotective therapy supported by animal studies, using neurotoxins such as 6-OHDA and agents targeting oxidative stress, mitochondrial dysfunction and inflammation, are prime candidates for neuroprotection [19].

Previously, PIP was shown to act significantly on early acute changes in inflammatory processes and on chronic granulative changes [20]. In the arthritis model in rats, PIP was effective in decreasing several parameters, as MPO, LPO, GSH, catalase, SOD and NO, known to be involved in rheumatoid arthritis. It also reduced the levels of pro-inflammatory mediators, as IL-1B, TNF-alpha and PGE2. Surprisingly, although PIP is a potent anti-inflammatory drug, it seems to have no analgesic property [21].

Recently [22], PIP was shown to display significant protective effect in an experimental model of periodontitis, what may be ascribed to its inhibitory activity on the expression of IL-1B, MMP-8, MMP-9 and MMP-13. Besides, PIP showed an anti-inflammatory effect at colorectal sites, in acidic acid-induced colitis in mice, by downregulating the production and expression of inflammatory mediators [23].

Although the literature presents several studies on the peripheral effects of PIP, only a decade ago [24], its antidepressant-like properties, mediated at least in part by MAO inhibition, were demonstrated [25, 26]. Others [9] observed that PIP (5-20 mg/kg, administered for 1-4 weeks) possessed an antidepressant-like activity and cognitive enhancing effect. At this same dose range, PIP significantly improved memory impairment and hippocampal neurodegeneration, in a model of Alzheimer’s disease in rats [27]. According to these authors, the possible underlying mechanisms might be partly associated with the decrease in lipoperoxidation and AChE activity. Another in vitro study [28] also revealed the PIP neuroprotective action.

In the model of 6-OHDA-lesioned rats, we showed that PIP reversed in part or almost completely the increased apomorphine-induced rotational behavior and also the decreased locomotor activity, both observed in the untreated lesioned animals. Others [29] also demonstrated that PIP reduced contralateral rotations induced by apomorphine, in the same experimental model. A similar effect was observed with alkaloids from *Piper longum*, including piperine, in a MPTP model of PD in mice, where these compounds increased their movements, as related to the untreated MPTP animals [30].

A hallmark of PD is the degeneration of dopaminergic neurons in the SNpc, coupled with a depletion of DA and its metabolites in the nigrostriatal projections [31], and many of the motor features of PD result primarily from the loss of those dopamine neurons [32]. In the present study, PIP treatments partly reversed the decreases in striatal DA contents, observed in the untreated 6-OHDA group. A similar, although lower, effect was observed in DOPAC contents in the lesioned side of the striatum, emphasizing the potential neuroprotective properties of PIP.

We showed a drastic decrease in TH immunoreactivity in the striatum lesioned side of the untreated 6-OHDA animals, as related to the SO group, what was partly reversed after PIP treatments. TH catalyzes the formation of L-DOPA, the rate-limiting step in the biosynthesis of DA, and thus PD can be considered a TH-deficiency syndrome of the striatum [33]. Therefore, an efficient strategy for PD treatment is based on correcting or bypassing the enzyme deficiency, what could be achieved by a neuroprotective treatment. Although we did not observe a complete recovery of TH activity, in the 6-OHDA group after PIP treatments, its decrease was highly attenuated, particularly after the higher dose. We feel that a longer treatment (e.g., 3 weeks) would result in a more intense effect.

The dopamine transporter (DAT) controls the spatial and temporal dynamics of DA neurotransmission, by driving the reuptake of this extracellular transmitter into presynaptic neurons [34]. Besides regulating synaptic DA in the striatum, DAT modulation can affect locomotor activity and, in PD, the DAT loss could affect DA clearance and locomotor activity [35]. DAT is considered to be the single most important determinant of extracellular DA concentrations and it is reduced up to 70% in PD [36]. We showed a drastic decrease in DAT immunoreactivity in striata from untreated 6-OHDA animals, what was completely reversed after PIP treatments. PIP results on both DAT and TH immunoreactivities point out to its great potential for PD treatment.

Despite a large number of studies, the cause of neuronal loss in PD is not fully understood. Neuroinflammatory mechanisms might contribute to the cascade of events leading to neuronal degeneration, and thus multiple neuroinflammatory processes are exacerbated in PD, including glial-mediated reactions and increased expression of pro-inflammatory cytokines in the substantia nigra [37, 38]. We showed that PIP treatments significantly reversed the increased immunoreactivities for TNF-alpha and iNOS, observed in the untreated 6-OHDA-lesioned animals.

Evidences indicate an upregulation of iNOS and COX-1 and -2 in the substantia nigra of PD patients [39], and the loss of dopaminergic neurons may result from inflammation-induced proliferation of microglia and reactive macrophages expressing iNOS [40]. Furthermore, pro-inflammatory cytokines as TNF-alpha have been implicated as main effectors for functional consequences of neuroinflammation on neurodegeneration in PD models [41]. Under pathological conditions, microglia release large amounts of TNF-alpha which is an important component of the neuroinflammatory response associated to neurodegenerative diseases [42].

In a recent study [29], PIP was shown to reduce lipid peroxidation and to stimulate glutathione levels, in the striatum from rats submitted to 6-OHDA-induced Parkinson’s disease. In addition, PIP decreased cytochrome c release from mitochondria and also caspase 3 and 9 activations, beside depleting inflammatory markers as TNF-alpha and IL-1B. These authors propose that, in addition to its antioxidant properties, PIP exerts a protective effect via anti-apoptotic and anti-inflammatory mechanisms, in the model of 6-OHDA-induced PD in rats.
Furthermore, the progress in PD treatments will rely on understanding genetic mutation or susceptibility factors that lead to the disease, better translation between preclinical animal models and clinical research, and improvements in the design of clinical trials [43].

Conclusion

Our findings give further support for PIP anti-oxidant, anti-inflammatory and anti-apoptotic properties. Moreover, these effects are probably related to PIP neuroprotective actions, making this drug a promising candidate to translational studies for the prevention or treatment of degenerative diseases as PD.

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Conflict of Interests

The authors declare no conflict of interest.

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